

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Manoir Westmount

September



2017

Calendar

PLEASE NOTE:
SPECIAL EVENT DETAILS
MAY BE FOUND IN YOUR
NEWSLETTER;
ACTIVITY LEADERS AND
LOCATIONS IN YOUR WEEKLY
LEISURE PROGRAM

					1 10:30 AM BALANCE/ BREATHE/ STRETCH 2:30 PM Wii BOWLING 3:30 PM TEA 5 - 7 PM HAPPY HOUR 8:00 PM MUSIC APPRECIATION	2 10:30 AM CHAIR QIGONG FOLLOWED BY TAI CHI 2:00 PM WATERCOLOR PAINTING 3:30 PM TEA 5 - 7 PM HAPPY HOUR 8:00 PM MOVIE
3 2:30 PM VIDEO VISIONS 3:30 PM TEA	4 <i>Labor Day</i> 10:30 AM CURRENT EVENTS 3:30 PM TEA 8:00 PM BINGO	5 10:30 AM CHAIR QIGONG FOLLOWED BY TAI CHI 2:00 PM HANDICRAFTS 3:30 PM TEA 3:30 PM TÉ ESPAÑOL 5 - 7 PM HAPPY HOUR 8:00 PM MOVIE	6 10:00 AM CHAIR PILATES 10:30 AM RC MASS 12:30 PM BBQ WITH ROTARIANS 3:30 PM TEA 3:45 PM BILLIARDS	7 9:30 AM EXERCISES 10:30 AM POETRY PARLOUR 2:00 PM CHOIR PRACTICE 3:30 PM TEA 5 - 7 PM HAPPY HOUR 8:00 PM GAME NIGHT	8 10:30 AM BALANCE/ BREATHE/STRETCH 2:30 PM Wii BOWLING 3:30 PM TEA 5 - 7 PM HAPPY HOUR 8:15 PM CONCERT: MITCHELL FIELD	9 10:30 AM CHAIR QIGONG FOLLOWED BY TAI CHI 2:30 PM SUPER QUIZ 3:30 PM TEA 4:00 PM EN FRANÇAIS 5 - 7 PM HAPPY HOUR 8:00 PM MOVIE
10 2:30 PM VIDEO VISIONS 3:30 PM TEA	11 9:30 AM EXERCISES 10:30 AM CURRENT EVENTS 11:00 AM - 1:00 PM LIFESAVERS SHOP 2:00 PM ACTING FOR FUN 3:30 PM TEA 4:00 PM VISIT WITH DAISY 8:00 PM BINGO	12 10:30 AM CHAIR QIGONG FOLLOWED BY TAI CHI 10:30 AM RESIDENT COUNCIL MEETING 2:00 PM HANDICRAFTS 3:30 PM TEA/TÉ ESPAÑOL 5 - 7 PM PIANO BAR 8:00 PM MOVIE	13 10:00 AM CHAIR PILATES 10:30 AM ANG EUCHARIST 3:30 PM TEA 3:45 PM BILLIARDS 8:00 PM EC. DEVOTIONS	14 9:30 AM EXERCISES 10:30 AM WRITING GROUP 3:30 PM TEA 5 - 7 PM HAPPY HOUR 8:00 PM GAME NIGHT	15 10:00 AM BOUTIQUE 'NICOLYNE' 10:30 AM BALANCE/ BREATHE/STRETCH 2:30 PM Wii BOWLING 3:30 PM TEA 5 - 7 PM HAPPY HOUR 8:00 PM MUSIC APPRECIATION	16 10:30 AM CHAIR QIGONG FOLLOWED BY TAI CHI 2:00 PM WATERCOLOR PAINTING 3:30 PM TEA 4:00 PM EN FRANÇAIS 5 - 7 PM HAPPY HOUR 8:00 PM MOVIE
17 2:30 PM VIDEO VISIONS 3:30 PM TEA	18 9:30 AM EXERCISES 10:30 AM CURRENT EVENTS 2:00 PM ACTING FOR FUN 3:30 PM TEA 8:00 PM BINGO	19 10:30 AM CHAIR QIGONG FOLLOWED BY TAI CHI 2:00 PM HANDICRAFTS 3:30 PM TEA 3:30 PM TÉ ESPAÑOL 5 - 7 PM HAPPY HOUR 8:00 PM MOVIE	20 <i>Rosh Hashanah</i> (begins at sundown) 10:00 AM CHAIR PILATES 10:30 AM RC MASS 3:30 PM TEA 3:45 PM BILLIARDS 8:00 PM ECUMENICAL DEVOTIONS	21 <i>Rosh Hashanah</i> 9:30 AM EXERCISES 10:30 AM POETRY PARLOUR 2:00 PM CHOIR PRACTICE 3:30 PM TEA 5 - 7 PM HAPPY HOUR 8:00 PM GAME NIGHT	22 <i>First Day of Autumn</i> 10:30 AM BALANCE/ BREATHE/STRETCH 2:30 PM Wii BOWLING 3:30 PM TEA 5 - 7 PM HAPPY HOUR 8:15 PM CONCERT: ALEXANDRE SOLOPOV	23 10 AM - 3 PM CLOTHING BOUTIQUE 'DucAn' 10:30 AM CHAIR QIGONG FOLLOWED BY TAI CHI 2:15 PM SUPER QUIZ 3:30 PM TEA 4:00 PM EN FRANÇAIS 5 - 7 PM HAPPY HOUR 8:00 PM MOVIE
24 2:30 PM VIDEO VISIONS 3:30 PM TEA	25 9:30 AM EXERCISES 10:30 AM CURRENT EVENTS 11:00 AM - 1:00 PM LIFESAVERS SHOP 2:00 PM ACTING FOR FUN 4:00 PM VISIT WITH DAISY 8:00 PM BINGO	26 10:30 AM CHAIR QIGONG FOLLOWED BY TAI CHI 2:00 PM HANDICRAFTS 3:30 PM TEA 3:30 PM TÉ ESPAÑOL 5 - 7 PM HAPPY HOUR 8:00 PM MOVIE	27 10:00 AM CHAIR PILATES 10:30 AM VIDEO/LECTURE 3:00 PM SEPTEMBER BIRTHDAY TEA 3:45 PM BILLIARDS 8:00 PM EC. DEVOTIONS	28 9:30 AM EXERCISES 10:30 AM WRITING GROUP 2:00 PM CHOIR PRACTICE 3:30 PM TEA 5 - 7 PM HAPPY HOUR 8:00 PM GAME NIGHT	29 <i>Yom Kippur</i> (begins at sundown) 10:30 AM BALANCE/ BREATHE/STRETCH 2:30 PM Wii BOWLING 3:30 PM TEA 5 - 7 PM HAPPY HOUR 8:00 PM MUSIC APPRECIATION	30 <i>Yom Kippur</i> 10:30 AM CHAIR QIGONG FOLLOWED BY TAI CHI 2:00 PM WATERCOLOR PAINTING 3:30 PM TEA 4:00 PM EN FRANÇAIS 5 - 7 PM HAPPY HOUR 8:00 PM MOVIE